COVID SAFETY PLAN

RecWest Footscray December 2020



COVID-19 Information

What is a Corona Virus and COVID-19?

Coronaviruses are a large family of viruses known to cause respiratory infections. These can range from the common cold to more serious diseases such as Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS).

How is COVID-19 Spread?

COVID-19 is most likely to spread from person-to-person through:

- Direct close contact with a person while they are infectious including in the 48 hours before their symptoms appeared.
- Close contact with droplets from an infected person's cough or sneeze.
- Touching objects or surfaces (like as door knobs or tables) that have droplets form an infected person, then touching your mouth or face.



YMCA Victoria

The Y has been a cornerstone of the Victorian community for more than 170 years – a period of time that has included other major crises ranging from the 2009 Bushfires to delivering large-scale wartime services. However as a not-for-profit that invests its full resources into our mission we do require the continuing support of our partners in order to retain our ability to keep serving the community – especially during this time.

This COVID Safety Plan forms part of the restart stage of the 5 step plan that is steering YMCA Victoria back to normal service.



YMCA VICTORIA IS COMMITTED IN ENSURING ALL OF ITS FACILITIES AND OPERATIONS ARE:

- COVIDSafe for all staff, volunteers, contractors, visitors and patrons
- Compliant with Government COVID-19 Restrictions



Y Victoria's Commitment:

In order to be COVIDSafe at all Y Facilities we are committed to:



Our commitment to community safety - Carolyn Morris. YMCA Victoria CEO

CEO, YMCA Victoria

Facility Name

Facility Details

Name of Facility	RecWest Footscray	Prepared by	Ryan Holloway
Type of Facility (Sector)	Recreation	Position title	Centre Manager
Street Address	Cnr Essex & Market St	Completion Date	4/11/2020
Contact Number	96891322	Review Date	10/12/2020
Email Address	recwest@ymca.org.au		

Y Services within facility

	Lap Swimming		Swimming Lessons	Crèche	x	Group Fitness
Х	Fitness Centre		Sauna	Spa		Playground
	Outdoor Pool	Х	Sports Stadium	Sports Courts		Change Rooms
	Vacation Care		Tennis Courts			



COVID Safe facility and area capacity

RecWest Footscray

Facility Name – Social Distance Capacity per Room / Area – 2m2 (rooms)- 4m2 (activities)					
Room / Area	Total m2	Total People (per 2 - 4m2)	Specific Gov Number limits	Open/Closed	
Reception / Foyer	52	26	N/A	Open	
Fitness Room (Gym)	124	31	31	Open	
Functional Training/Group Fitness Room	160	40	40	Open	
Hall	324	81	81	Open	
Stadium	720	180	180	Open	
Multipurpose Room	100	50	50	Open	
Dining Room	100	50	50	Open	
Meeting rooms 1&2	100	50	50	Open	
Male and Female Toilets	15 / 12	6	6	Open	
Canteen Area	4	2	2	Open	
Kitchen Area	30	15	15	Open	

COVID Safe facility and area capacity cont.

RecWest Footscray

Facility Name – Social Distance Capacity per Room / Area – 2m2 (rooms)- 4m2 (activities)					
Room / Area	Total m2	Total People (per 2-4m2)	Specific Gov Number limits	Open/Closed	
Upstairs Classroom	68	34	34	Open	
Downstairs Classroom	32	16	16	Open	
Stadium Classroom	40	20	20	Open	
Art Room	45	22	22	Open	
Hall Waiting area	42	21	21	Open	
Multipurpose Room Waiting area	37.5	18	18	Open	
Staff Reception	36	18	18	Open	
Managers Office	18	18	18	Open	
Seniors Office	16	8	8	Open	
M / F Dressing Room	15	7	7	Open	
M/ F Dressing Room Toilets	15	7	7	Open	

RecWest Footscray

RecWest Footscray agrees to the following conditions:



COVID Safety Plan:

- 1. Discuss and share relevant details of COVID Safety plan with staff, Contractors, patrons and contract partners so everyone is aware of what to do and what to expect.
- 2. Print and display and make available the COVID Safety Plan.
- 3. The COVID-19 pandemic is an evolving situation review plan regularly and make changes as required.

Manager Name:	Ry
Agreed and Signed:	Ry
Date:	4/:
Revised:	24

Ryan Holloway Ryan Holloway 4/11/2020 24/11/2020



COVID Safe throughout Facility name



- Social Distancing
- •Maintaining 1.5m and 4m2 distancing requirements throughout facility. Identification of all areas and capacity limits to meet requirements.
 - Decal stickers to instruct social distancing requirements on floors, benches, seats.
 - Modification of environments and programs to ensure social distancing. This includes the removal or closure of seats, equipment and redesign of programs and areas



C Hygien



•Hand sanitiser stations at entry/exit, high use and touch points throughout facility Reduction of touch points

throughout facility. Open or automate doors where possible. Install and provide auto dispenses.

- •Customers to bring their own equipment where possible and clean shared equipment.
- •Hygiene signage, including how to wash hands and displayed throughout facility



Cleaning

- Increased high touch point sanitisation across facility. Door handles, rails, equipment to be sanitised every 30 minutes or directly after use.
- •Cleaning equipment and sanitising wipes available throughout the facility for both staff and patrons
- •Cleaning schedules and processes are audited by facility Manager and Safety Team.
- •In the event of a confirmed case of COVID-19 within the facility a decontamination clean will be completed by an external cleaning contractor.



COVID Safe throughout Facility name



Mask

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Wear

- •Where required all staff, visitors and patrons will wear a face mask within Y facilities. I.e. if you aren't able to keep 1.5 metres distance from other people.
- •All staff, visitors and patrons must continue to carry a face mask with them at all times
- •Fitting a Mask safe work procedure available for all staff
- •Single use masks are available for all staff.
- For high risk contact tasks single use surgical masks are required. This includes providing first aid and manual temperature scanning.



Workplace Bubbles

- •Limiting the number of people staff have prolonged close contact with.
- •Restricting staff from working across multiple facilities.
- Reducing interactions between staff during breaks and shift changes.
- •Where possible avoiding mixing staff across shifts.
- •Declaration from staff who are working across multiple premises for a another employer.

Outside

nteract

- •When possible conduct staff meetings and breaks outside. Adequate sun and weather protection at all times.
- •To maximise ventilation open windows and outside doors where possible.
- •Limit interactions between staff and patrons by encouraging contactless payment and program bookings.





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- •All staff have completed the COVIDSafe online training provided by the department of Health.
- All staff have completed Y Victoria's COVIDSafe awareness and commitment statement
- Staff have completed training on COVIDSafe operating and safe working procedures relevant to their role.



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•All staff, volunteers, contractors, visitors and patrons will be required to wear a mask if they are not able to keep 1.5 metres distance from other people. unless they have a lawful exception.

- •All staff and contractors will be temperature screened when entering the facility. If anyone has a temperature of 38 or above they will be kindly asked to leave.
- •All staff, volunteers, contractors, visitors and patrons will have their details recorded. This will assist in contact tracing in the event of a confirmed case of COVID-19.
- •All staff, volunteers, contractors, visitors and patrons are required to follow all social distancing requirements within the facility and during programs at all times
- Awar •Any staff, volunteers, contractors, visitors and patrons who display any COVID-19 symptoms at the facility are required to report to a staff member immediately.
- •Any staff, volunteers, contractors, visitors and patrons who have any COVID-19 symptoms, come in contact with a confirmed case or been directed to self isolate are ສ not to attend the facility.
- •All staff must declare prior to each shift that they are symptom free, have not come S in contact with a confirmed case of COVID-19 and have not been directed to self-(L) isolate.
 - •All staff, volunteers, contractors, visitors and patrons are required to ensure good hygiene practices are abided by throughout the facility and during programs.



RecWest Footscray will be implementing QR code Scanning for contact tracinjg patrons not accounted for within club or association tracing.



COVID Safe map of RecWest Footscray



Suspected or confirmed case of COVID-19 at work

If the suspected or confirmed case of COVID-19 is at work



1. ISOLATE

Isolate the person from others, provide them with a disposable surgical mask if available and isolate them in a separate room.



2. TRANSPORT

Ensure the person has transport to their home or medical facility.



3. ESCALATE

Notify your manager immediately, manager to escalate to ELT. Initiate Critical Incident Process.



4. INFORM

Manager to ring the national COVID-19 hotline (1800 020 080).

Follow the advice of health officials. Contact your State Health & Safety Regulator.



5. CLOSE / ISOLATE

CIT to determine the level of isolation or closure of site, staff or public to be evacuated from area / site.

CRITICAL INCIDENT TEAM (CIT)



6. IDENTIFY

CIT to identify who at the site had close contact with the infected person in the 24 hours before that infected person started showing symptoms. Send those people home to isolate. Allow employees to raise concerns.



7. CLEAN

CIT to determine the level of cleaning required. Engage cleaning company Smart Clean to conduct decontamination clean (0422 289 744).



8. REVIEW / OPEN

CIT to review: risk management controls relating to COVID-19, whether work may need to change and if site can re-open. Keep employees and public up to date with what is happening.

If the suspected or confirmed case of COVID-19 (Staff or Public) is not at site when diagnosed - START AT STEP 3

RecWest Footscray Services

COVIDSafe Services	Reception / Foyer	 Updated conditions of entry that includes COVIDSafe requirements, rules and expectations Temperature scanning of all staff and contractors. Installation of transparent (Sneeze) screens at reception desk Floor decals to assist queuing in line with 1.5m social distance rules at reception desk. Separate entry and exit to create one way flow. Hand sanitiser station at entry and exit of facility.
	CAFÉ/ Kiosk (Closed)	 Installation of transparent (sneeze) screens at service counter. Floor decals to assist queuing in line with 1.5m social distance rules at service counter. Encouragement to use accept cashless and touchless payment. Discontinued accepting reusable cups from patrons for coffee. Space seating to enable social distancing. Cleaning and disinfectant of tables between patrons.

RecWest Footscray Services



RecWest Footscray Services



RecWest Footscray Health Club

	Group Fitness	 Group Fitness open as per DHHS density quotients Fitness stations/equipment and positioning of patrons to be 1.5m apart at all times Patrons are required to book a session through online booking system. Patrons to bring their own water bottle, towel and mat and clean equipment between use A buffer period of 15 minutes between each session will be in place to assist with changeover and manage restricted numbers and cleaning requirement. COVID Marshal on site during all times of operation
COVIDS afe Fitness	Health Club	 Health Clubs open as per DHHS density quotients Fitness stations/equipment and positioning of patrons to be 1.5m apart at all times Patrons are required to book a session through online booking system. Patrons to bring their own water bottle, towel and mat and clean equipment between use A buffer period of 15 minutes between each session will be in place to assist with changeover and manage restricted numbers and cleaning requirement. COVID Marshal on site during all times of operation .
	Outdoor group training	 Outdoor Group Training open as per DHHS density quotients Fitness stations/equipment and positioning of patrons to be 2m apart at all times Patrons are required to book a session through online booking system. Patrons to bring their own water bottle, towel and mat and clean equipment between use A buffer period of 00 minutes between each session will be in place to assist with changeover and manage restricted numbers and cleaning requirement. COVID Marshal on site during all times of operation

RecWest Footscray Stadium



CovidSafe Facility Implementation Sign Off

Facility name has a maximum capacity of number patrons and agrees to the following conditions:

Implementation Action	Details	Date	Manager Sign
COVID-19 Re-Opening Checklist INX Log	Facility has logged the INX COVID-19 Re-Opening checklist	6/11/20	RH
COVIDsafe Plan	Facility has completed this COVIDSafe Plan	4/11/2020	RH
Sector Risk assessment	Manager has read and understood sector specific COVID-19 Risk assessment and applied control measures	4/11/2020	RH
Sector Prestart Covid-19 Checklist	Sector Specific COVID-19 Reopening checklist has been completed and recommended safety measures implemented	4/11/2020	RH
Sector Prestart Health & Safety Checklist	Sector Specific Reopening Health & Safety Checklist	4/11/2020	RH
Clean Facility	A deep clean of facility has been completed prior to opening	6/11/2020	RH
COVIDSafe Training	All staff have completed COVIDSafe training requirements	4/11/2020	RH
COVIDSafe Declaration	All staff have completed and digitally signed the COVIDSafe Declaration	4/11/2020	RH
Manager Name: Agreed and Signed: Facility Opening Approv	Ryan Holloway Ryan Holloway val By: Nadine Kemp	-	

4/11/2020

Date:

COVID Safe Resources and Appliances

- INX COVID-19 Reopening Implementation guide and checklist
- COVID Safe Plan All Facilities
 - Mapping of Facility
 - Facility Commitment
- Supply and equipment purchase checklist Assist facilities identify numbers of decals and sanitiser stations
- COVID -19 Restart Checklist Social distancing and Covid Safety measures required to reopen
- COVID- 19 Sector Risk Assessment
- COVID Safe Operating/Work Procedures (SOPs SWPs):
- COVID Safe Staff training

